

A FAMILY HISTORY FROM GENERATION TO GENERATION

Since 1993, *Western Harvest Gardens* has been expanding its family growth. Continuing the tradition of excellence that began in 1893 with our Great Great Grandfather, growing a land north of Montreal.

The love of the land has been perpetuated from the Great Great Grandfather, to the grandfather, the father and to Ghislain and Normand, Ghislain'brother.

Both are passionate and rigorous farmers, for four generations, the family behind *Western Harvest Gardens* has made a priority of meeting the highest standards of quality. They follow each step from the seed to the end user. For more than 20 years, we have made sure that our products meet the highest standards of quality and freshness.

Western Harvest is a vertically integrated compagny, having it's sister's company RGR Guinois as a supplier.

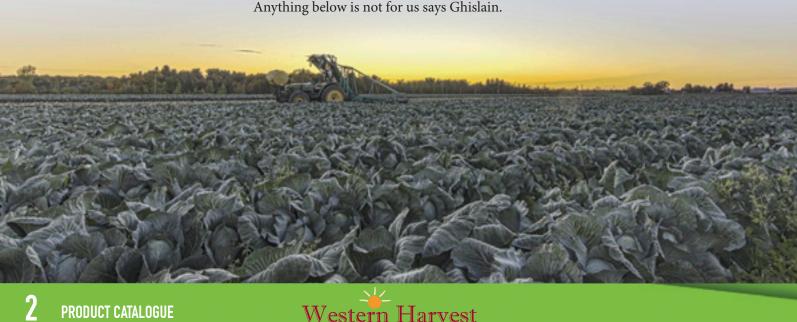
Western Harvest, has a very high standard in customer service. Therefore since 2012 we have added a transport division, assuring a stability and punctuality in our deliveries. As well as a more competitive cost on freight.

The owner of *Western Harvest*, Ghislain Guinois, has always been a good visionary in what he does best. We only grow the Best and we buy the best, if we don't grow it. Our quality control is easy: Excellence period! Anything below is not for us says Ghislain.

CONTENTS

CABBAGE	3
CARROTS	4
FRUITS	5
GREENS	6
HERBS	8
LETTUCE	8
ONIONS/POTATOES	10
SQUASH	11
VEGETABLES	12

All commodities are pre-cooled and/or vacuum cooled. Some items are available in a #2 grade.



CABBAGE



BRUSSEL SPROUTS

Iced

PACKAGE: Bulk, Small, Medium, Large

SKID UNIT: 50 box
WEIGHT: 25#/11.34 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC





CABBAGE BOX

Red, Green, Savoy

 PACKAGE:
 Carton box

 SIZE:
 14-16ct

 SKID UNIT:
 36

 WEIGHT:
 50 #/22.68 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



CABBAGE BAG

Green, Red

 PACKAGE:
 Poly bag

 SIZE:
 8-10ct

 SKID UNIT:
 40

 WEIGHT:
 50#/22.68 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



CABBAGE CHINESE

PACKAGE: Carton box SKID UNIT: 36 WEIGHT: 35 #/15.88 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



CABBAGE GREEN FLAT

 PACKAGE:
 Carton box

 SIZE:
 12-16ct

 SKID UNIT:
 36

 WEIGHT:
 50#/22.68 kg

AVAILABILITY



CABBAGE NAPPA

PACKAGE: Carton Box

SKID UNIT: 35 WEIGHT: 50#/22.68 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

CARROTS



CARROT

Bunched

PACKAGE: Carton box, 2dz

SKID UNIT: 35-42
WEIGHT: 30#

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



CARROT CELLO

Orange, Rainbow

PACKAGE: Poly bag 1,5# (Rainbow) 2#, 3#, 5#, 10#
SKID UNIT: 42 (Rainbow), (2#, 3#, 5#), 200 (10#)
WEIGHT: 10#/4.54 kg, 15#/6.80 kg (Rainbow),
50#/22.68 kg (2#, 3#, 5#)

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

CARROT JUMBO

Orange

PACKAGE: 25#, 50# SKID UNIT: 80, 42

WEIGHT: 25#/11.34 kg, 50#/22.68 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



CARROT NANTESE

Orange, Rainbow

PACKAGE: Tray pack (15/1), Poly bag. SKID UNIT: 48 (15/1), 100 (10#), 50 (25#) WEIGHT: 15/1#, 10#, 25#

AVAILABILITY





PARSNIP

PACKAGE: Poly bag, Bulk 20#, Cello 12x1#, 18x1#

SKID UNIT: 20#/100, 12x1#, 18x1#/100

WEIGHT: 20#/9.07 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



BLUEBERRY

PACKAGE: Clamshell 12 x 550 ml

SKID UNIT: 96

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

FRUITS



APPLE

PACKAGE: Carton box, Bushel (loose), Tray pack

SIZE: Miscellaneous (Bushel), 88-125 (Tray pack)

SKID UNIT: 42

WEIGHT: 38#/16.92 kg (Bushel), 40#/18.14 kg (Tray pack)

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

APPLE

Cortland, Empire, McIntosh, Spartan, Others

PACKAGE: Cello of 3#/1.36kg, 4#/1.81kg and 5#/2.27 kg, Carton box

SKID UNIT: 30

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



CANTALOUP

PACKAGE: 9ct, 12ct, 15ct

SKID UNIT: 40

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



STRAWBERRY

PACKAGE: Clamshell 8x1#

SKID UNIT: 90

AVAILABILITY

TOMATO (FIELD)

Red, Green, Roma (plum)

PACKAGE: Carton box

SKID UNIT: 72 WEIGHT: 20#/9.07 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



TOMATO (GREENHOUSE)

Beefsteak, Vine, Grape, Cherry

PACKAGES: Tray pack, Bushel, Clamshell

SKID UNIT: 75, 90, 108

WEIGHT: 11#/4.99kg (TOV), 15#/6.80 kg (Beefsteak)

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

GREENS



BOK CHOY

PACKAGE: Bulk, Carton box SKID UNIT: 35 boxes
WEIGHT: 35#/15.86 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



BOK CHOY (SHANGHAI)

PACKAGE: Bulk, Carton box SKID UNIT: 42 boxes
WEIGHT: 30#/13.61 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



COLLARD

Bunched

PACKAGE: Carton box 1 dz
SKID UNIT: 56

AVAILABILITY





DANDELION

Bunched

PACKAGE: Carton box 1dz

SKID UNIT: 56

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



KALE

Bunched

PACKAGE: Carton box 1dz, 2dz

SKID UNIT: 42

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



KOHLRABI

Bunched

PACKAGE: Carton box 1dz

SKID UNIT: 56

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



SPINACH

Bunched

PACKAGE: Carton box SKID UNIT: 42

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC







SWISS CHARD

Red, Green, Rainbow, Bunched

PACKAGE: Carton box SIZE: 24ct
SKID UNIT: 42-56

AVAILABILITY

HERBS



DILL

Bunched, Root, Rootless

PACKAGE: Carton box
SIZE: 24ct
SKID UNIT: 60

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



FENNEL

Bulb

PACKAGE: Carton box, 18ct, 24ct, 36ct

SKID UNIT: 36

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



MINT (FRESH)

Bunched

PACKAGE: Carton Box, 2dz, 3dz SKID UNIT: 2dz/77, 3dz/66

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC





PARSLEY

Curly (Canadian), Plain (Flat)

 PACKAGE:
 Carton box iced

 SIZE:
 24ct, 30ct, 60ct

 SKID UNIT:
 24ct, 30ct/60, 60ct/36

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

CILANTRO

Root, Rootless

PACKAGE: 24ct, 30ct, 60ct SKID UNIT: 24ct, 30ct/60, 60ct/36

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

LETTUCE



BOSTON

PACKAGE: Carton box 18ct, 24ct, GH 12X1

SKID UNIT: 36-42, GH 54

AVAILABILITY





CHICORY (ENDIVE)

PACKAGE: Carton Box 18ct SKID UNIT: 42

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



ESCAROLE

PACKAGE: Carton box, 18ct

SKID UNIT: 42

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



ICEBERG

Cello, Naked

PACKAGE: Carton box 24ct, 30ct

SKID UNIT: 30-32-35

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



RADICCHIO

PACKAGE: Carton box 9ct, 12ct

SKID UNIT: 104

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



ROMAINE

PACKAGE: Carton box 24ct

SKID UNIT: 30

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



ROMAINE HEART

PACKAGE: Carton box, 12 x 3 Bag

SKID UNIT: 42

AVAILABILITY







RED & GREEN LEAF

PACKAGE: Carton box 18ct, 24ct

SKID UNIT: 30

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

ONIONS / POTATOES



ONION GREEN (SCALLION)

Iced, Iceless

PACKAGE: Carton box, Medium (7-8), Large (5-6)

SKID UNIT: 77 Iced, 88 Iceless

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



ONION RED

Medium, Large, XL

PACKAGE: Mesh bag SKID UNIT: 80 WEIGHT: 25#/11.34 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



ONION SPANISH

Jumbo, Colossal

PACKAGE: 50# Mesh bag

SKID UNIT: 40

WEIGHT: 50#/22.68 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



ONION YELLOW

Loose, Cello – Boiler, Medium, Large

PACKAGE: 50#, 10x5#, 16x3#, 24x2# Mesh bag

SKID UNIT: 40

WEIGHT: 50#/22.68 kg

AVAILABILITY





POTATOES

White, Red, Yellow (Yellow or White Flesh), Russet, Count

PACKAGE: Paper, Cello bags, Bulk Carton box (Count)

5#, 10#, 50#, 50-120ct

SKID UNIT: 50, 100, 200

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



SHALLOTS DRY

PACKAGE: Mesh bag

SKID UNIT: 50

WEIGHT: 4 x 10#/4 x 4.54 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

SQUASH









SQUASH (HARD)

Acorn, Buttercup (Kabocha), Butternut, Spaghetti, Others

PACKAGE: 24" Bins, 36" Bins, Carton box

SKID UNIT: 40/Box, 24"/2, 36"/1

WEIGHT: 35#/Box, Bins 24"/800#, 36"/1200#

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



PUMPKINS

PACKAGING: Box, Bins, 40ct, 50ct, 60ct, 250ct, 300ct

SKID UNIT: 40/Box, 1/Bin

AVAILABILITY



ZUCCHINI

Yellow, Green, Medium, Fancy, X-Fancy

SKID UNIT: 80 WEIGHT: 20#/9.07 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

VEGETABLES



ASPARAGUS

Bunched

PACKAGE: Carton box

SKID UNIT: 11#/100, 20#/50, 28#/48

WEIGHT: 11# / 4.99 kg, 20# / 9.07 kg, 28#/12.7 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



BEANS

Green, Wax (Yellow)

PACKAGE: Carton box SKID UNIT: 49 or 53 WEIGHT: 25# / 11.24 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC





BEETS

Cut Red, Golden, Chioggia (candy)

PACKAGE: 10# bag, 25# bag, 50# bag Medium, Large, Jumbo SKID UNIT: 10#/200 25#/100 50#/40

WEIGHT: 10# /4.54 kg, 25# /11.24 kg, 50# /22.68 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



BEETS

Iced, Bunched Red, Golden, Chioggia (Candy)

PACKAGE: 12ct SKID UNIT: 42 boxes

AVAILABILITY







BROCCOLI

Iceless

PACKAGE: 14ct, 18ct
SKID UNIT: 48
WEIGHT: 35 #/15.88 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



BROCCOLI CROWN

Iced, Iceless

PACKAGE: 25-32 heads SKID UNIT: 48 WEIGHT: 35#/ 15.88 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



CAULIFLOWER

Jacket, Bikini, Cello

PACKAGE: Carton box, 9ct, 12ct, 16ct

SKID UNIT: Bikini, Cello 40 boxes / Jacket 36 boxes

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC





CELERY

PACKAGE: Carton Box, Naked, Sleeved

 SIZE:
 24ct, 30ct, 36ct, 48ct

 SKID UNIT:
 35 boxes

SKID UNIT: 35 boxes
WEIGHT: 50# up

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



CELERY HEART

Sleeved

PACKAGE: Carton box, 18ct, 24ct

SKID UNIT: 70

AVAILABILITY



CELERY ROOT

PACKAGE: Carton box SKID UNIT: 90

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC





CUCUMBER FIELD

Select, Super select, Pickle (Kirby), Jumbo (No2)

PACKAGE: 24ct, 48ct, 72ct

SKID UNIT: 40 WEIGHT: 50# box

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



EGGPLANT

Italian, Purple, Graffiti

PACKAGE: Carton box, 18ct, 24ct/Purple, 11#/Italian

SKID UNIT: 40/Purple, 60/Italian, Graffiti WEIGHT: 11#/5kg, Italian, Graffiti

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



LEEKS

Bunched 12's/loose, Bagged, 12X3 box, 12X2 box

PACKAGE: Loose, Carton Box

SKID UNIT: 12's/100, Box 12x3/ 56, Box 12x2/80

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



LOBOK (DAIKON)

SKID UNIT: 40

WEIGHT: 50#/22.68 kg

AVAILABILITY







PEPPER (FIELD)

Red, Green, Suntan, Yellow, Orange

PACKAGE: Carton box, Small, Medium, Large, X Large

SKID UNIT: 60

WEIGHT: 22#/9.98 kg and up

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



PEPPER (HOT)

Jalapeño, Long hot, Cubanel

PACKAGE: Carton box SKID UNIT: 72
WEIGHT: 20#/9.07 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



PEPPER (GREENHOUSE)

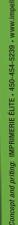
Red, Yellow, Orange, Green

PACKAGE: Carton box, Small, Medium, Large, X Large, Choice

18-20ct, 20-24ct, 24-28ct

SKID UNIT: 90 WEIGHT: 11#/5 kg

AVAILABILITY







RADISH

Red. Colored

PACKAGE: Carton box Cello (14 x1#, 30 x 6oz), Bulk (40#/18.14 kg),

Bunched (2 dz)

SKID UNIT: Cello/120, Bulk/50, Bunched/63

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



RUTABAGA

Yellow

Waxed, Unwaxed, Small, Medium, Large, Jumbo

PACKAGE: Carton box Waxed, Poly Bag Unwaxed

SKID UNIT: 42/Waxed, 40/Unwaxed

WEIGHT: 50#/22.68 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



SWEET CORN

Bi Color, Yellow, White

PACKAGE: Mesh bag, 5 dz SKID UNIT: 36-40

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC



TURNIP (WHITE)

Purple top

PACKAGE: Poly bag SKID UNIT: 100 WEIGHT: 25#/11.34 kg

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

Photos: © Marie-France Auger Photograph



Ste-Clotilde, QC, Canada J0L 1W0